



## **West Coast of Sweden Expedition**

### **Hamburgsund / Kosterhavets Nationalpark**

**30th of May - 6th of June 2026**

#### **Hamburgsund: Sweden's Quiet Coastal Gem**

Tucked along the rugged Bohuslän coast in Västra Götaland, Hamburgsund is one of Sweden's most quietly enchanting seaside villages. Split from the island of Hamburgö by a narrow, shimmering strait, the village embodies everything travellers love about the Swedish west coast: crisp sea air, red-painted cottages, salty harbours, and a horizon dotted with granite islets.

A area shaped by the Sea that that embodies slow Living by the Water.

<https://www.seakayakingcornwall.com/event/west-coast-sweden-expedition>



## *A Bohuslän Pearl Worth Discovering*

*Hamburgsund may not shout for attention, but that is precisely its magic. It's a coastal retreat for travellers seeking authenticity rather than spectacle-a village where nature does the storytelling, and the sea sets the pace. Against the backdrop of Bohuslän's iconic granite landscapes, Hamburgsund remains one of Sweden's most captivating places to slow down and just be.*

We will meet at "Rörviks Familie Campground" in Hamburgsund on Saturday the 30th of May, to prepare and plan our expedition. We will launch from there on Sunday morning.

Starting in Hamburgsund offers us a wide range of paddling options through the archipelago landscape of Sweden's west coast towards Kosterhavets Nationalpark.

The first and last nights will be spent at Rörviks Familie Campground or other suitable accommodation you choose in the area.

The aim for the remainder of the week is to be self-contained, living from the kayaks and finding wild campsites on the small islands in the area.

The reservation for the first and last night on the campground is **not included** in the expedition price.

To book the campsite facilities or if you plan to arrive earlier or stay on after the trip, please use the following links :

[www.rorvikscamping.se](http://www.rorvikscamping.se)

<https://www.rorvikscamping.se/en/bokning/>

*This is a collaboration between two respected companies, Sea Kayaking Cornwall & Alex & kayaks & friends and has been years in the making to get out and explore the beautiful west coast of Sweden.*

*Your guides Shaun Rodgers & Alex von Strombeck have paddled and trained together for over 10 years, having met on a guide training programme in 2015.*

### **Experience Needed**

To get the most out of the expedition you should be an **Intermediate paddler and be comfortable in conditions associated with force 4/5 winds.**

If you have any questions regarding the required ability, please feel free to contact us on [info@seakayakingcornwall.com](mailto:info@seakayakingcornwall.com)

### **What Is Included**

- Experienced guides from Sea Kayaking Cornwall & Alex, Freunde & Kayaks offering advice, assistance, planning and safety throughout the trip.
- Kayak. We can supply suitable expedition kayaks\*.
- Buoyancy aids /PFD\*.
- Spray decks\*.
- Paddles\*.

\* Kayak hire & kit (paddle, PFD & spraydeck) is included in the expedition price, however should you wish to bring your own for comfort and familiarity, please do so.

*Please confirm whether you have your own kayak and paddling kit or need us to provide it, with a description of your size & weight.*

[shaun@seakayakingcornwall.com](mailto:shaun@seakayakingcornwall.com)

## Not Included

- Transport to start location in Sweden.
- First & Last nights at Rörviks Familie Campground <https://www.rorvikscamping.se/en/bokning/>
- Food and beverages during the trip.
- Camping equipment.
- Drop off and pick-ups during the week, if we require relocation due to weather conditions.

## Cost

£1095

## Location and Times

*For team members intending to fly to the location, Gothenburg is your closest airport, please communicate with us when exploring this option as we will try and advise you of other travellers doing the same so that taxi/shuttle/car hire can be shared if possible*

We meet at Rörviks Familie Campground in Hamburgsund on Saturday the 30th of May at leisure. Official briefing will be at 5 pm and afterwards we will visit a local restaurant for dinner , giving the team some time to get to know each other (additional expense and not included in the expedition price).

We will return to Rörviks Familie Campground on Friday the 5th of June to enjoy the facilities and a warm shower.

We have a final dinner together and depart on the morning of Saturday the 6th of June.

## What To Bring - Recommended

- Travel insurance.
- Food. Prepare for 6 breakfasts - 6 lunches – 5 dinners - plus snacks, hot drinks and soups for the time we are out.
- Dry bags – various sizes.
- Camping kit: Tent, sleeping mat and sleeping bag suitable for cool/wet conditions (3-4 season).
- Stove, pans and fuel/gas (water bottle or flexible water bag), plus a reliable means of lighting.
- Thermos or “Jet boil” style cooker for keeping or heating liquids.
- Paddling kit – suitable for cold-water paddling. Water temperature is around 16° - 18° C. We recommend that you bring: large jacket or storm cag that will fit over your buoyancy aid to help you regulate temperature on the water; dry suits or paddling trousers with a dry top with a choice of thermals depending on the temperature.

*We do not recommend paddling in a wet suit.* However, if you choose to, then bring extra clothing, and ensure you have good coverage for your feet – Sealskin or similar gortex socks and thick paddling shoes.

Please contact us if you are uncertain that you have the correct gear!

- Safety kit. We carry adequate safety kit. However, we suggest you bring the safety kit that you would normally paddle with. A group can never have enough safety equipment on a trip! Sponge.
- Sun cream.
- Sunglasses and hat.
- Insect repellent, tick removers and midge spray.
- Camera.

- Headlamp/torch
- Personal medication and first aid kit.
- Reading material if the elements keep us off the water.
- Suitable bags to carry your kit in up the beach (IKEA bag).
- Clothing. At least two changes of warm clothes, warm hats, gloves and waterproofs.
- Suitable footwear and change of clothes for walking in the conditions and changing into at the end of the day.
- Phone and power banks. Sweden has good cell phone reception in almost all places. Ensure you have sufficient power banks.
- Money, as there are cafes and restaurants to visit. Not all will accept card payment.
- Fishing kit. There will be the opportunity to fish, so bring a hand line or fishing rod. Please note: This is not a guaranteed way of supplementing your food!

Looking forward to sharing our “DEVOTION TO THE OCEAN” with you!

The Team at Sea Kayaking Cornwall and Alex & Freunde & Kajaks

**To book & secure your place :**

<https://www.seakayakingcornwall.com/event/west-coast-sweden-expedition>



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